

**PACIFIC VISION INSTITUTE
LASIK PROCEDURE
POST-OPERATIVE INSTRUCTIONS**

_____ EYE(S)

- It is not unusual to experience discomfort the day of treatment. Your eye(s) may experience occasional irritation and be light sensitive, watery and scratchy for about one week following your procedure. These symptoms may persist for up to one month. If you are having discomfort, you may take the following:
 - Advil Aspirin
 - Tylenol Nuprin
- Your eyelids may be swollen following the procedure; this is routinely caused by irritation. This is not uncommon and the eyelids will gradually return to their normal appearance.
- Daily fluctuations in vision are normal after treatment. Your vision may be blurry for two to three weeks after the procedure and perhaps even longer.
- Do not rub your eyes for one month after your procedure.
- Please use the eye shield while sleeping the first night following the procedure. You may shower. However, do not swim.
- Do not wear makeup for one week.
- If you are having one eye treated before the other (not both on the same day), it is important that you do not immediately remove or replace your eyeglass lenses with clear glass. Until your vision stabilizes you will benefit from your current eyeglass prescription.
- You may experience light sensitivity and/or glare around bright lights. You should protect your eyes from bright sun and wind for one month.
- Keep the eye shields on and keep your eyes closed for 4 hours following the procedure.

- MEDICATIONS (please wait 1 minute between using the different eye drops)

Eye Drops	Day of Procedure	Next 6 Days	Special Instructions
Vigamox	Begin after removing eye shields 1 drop every two hours until bedtime	1 drop 4 times a day. Breakfast, lunch, dinner, bedtime.	You may stop using prior to one full week if your drops have run out.
FML or Econopred (<i>Shake well before using</i>)	Begin after removing eye shields 1 drop every 2 hours until bedtime	1 drop 4 times a day. Breakfast, lunch, dinner, bedtime.	You may stop using prior to one full week if your drops have run out. Shake well.
Wetting Drops/ Lubricant (<i>Twist-open Dispenser</i>)	Bion Tears or Refresh Plus: Begin after removing eye shields 1 drop every two hours until bedtime	Refresh Plus: 1 drop every 2 hours.	Lubricants may crystallize on eyelashes overnight and can be removed by gently applying a clean, damp washcloth to your closed eyes until crusting diminishes. DO NOT SCRUB EYES!

- If you have any problems, we can be reached 24 hours a day by calling (415) 922-9500
 - You can also reach us at the following numbers:
 - Dr. Faktorovich's cell phone: (415) 518-7965
- Your post-operative visit is scheduled for tomorrow at: _____