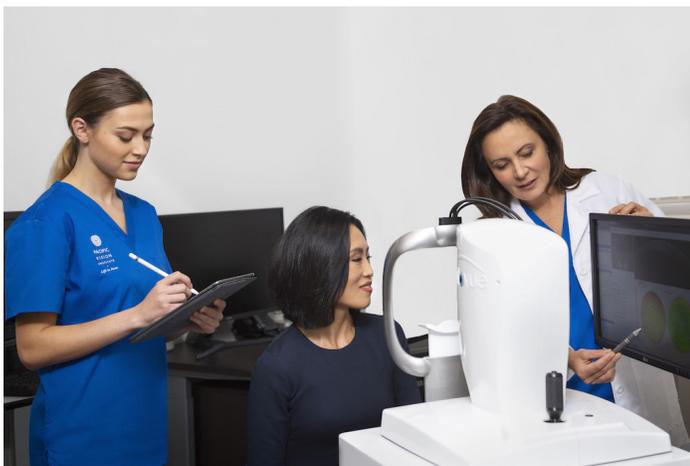


Break Free From Glasses With The Latest Eye Implant Options For Patients Over 40

BEAUTY NEWS, DOCTOR'S TALK, FEATURED HL HOME PAGE April 10, 2023 Dr. Ella Faktorovich



As we age, it's common to experience changes in our vision that require us to wear glasses or contact lenses in order to see clearly. However, for those over 40 who want to see without glasses like they did when they were younger, there are now several lens implant options available. These options allow individuals to regain the ability to see at different distances, without the need for corrective eyewear. Inspired by recent advancements in eye surgery, such as Whoopi Goldberg's successful lens implant surgery, Haute Beauty expert Dr. Ella Faktorovich explores the different lens implant options available for patients who are 40+ and seeking to improve their vision.

What are the different types of lens implants?

Currently, there are a variety of lens implants available to help patients see well without glasses after their cataract or lens replacement surgery. The implants fall into three categories - implants for great distance vision, implants for great distance and intermediate vision, and implants for distance, intermediate, and up close vision. Implants in the first category allow patients to have great distance vision, such as when they drive a car, watch TV, play tennis, or golf, for example. In addition to great distance vision, implants in the second category allow for great intermediate vision, such as seeing a computer screen, for example. Implants in the third category allow patients to see clearly at all three distances, including up-close activities such as reading a book.

What are the benefits and drawbacks of each type of lens implant?

It's important to note that each type of lens implant has its own set of advantages and limitations. For instance, implants that provide great-distance vision may require patients to wear glasses for intermediate and near activities like using a computer or reading a book. Similarly, implants that offer great distance and intermediate vision may still necessitate the use of reading glasses for small print. While implants that allow patients to see all three distances without glasses may come with the downside of glare at night. As eye care professionals, we take the time to have detailed discussions with each patient, understanding their unique visual requirements and preferences, including the activities they enjoy doing. By doing so, we can help them make an informed decision about which type of implant would best suit their needs and lifestyle, taking into account the benefits, risks, and potential trade-offs of each option.

How do I know which type of lens implant is right for me?

When considering lens implant options, it's crucial to have an in-depth conversation with your surgeon. They will

discuss the benefits and risks of each type of implant, taking into account your individual visual needs and preferences. For instance, if you desire clear vision at all three distances but can tolerate some glare at night, a lens implant such as PanOptix (Alcon, Inc) or Tecnis Synergy (Johnson & Johnson) might be the best option for you. On the other hand, if you prefer to avoid glare at night and are comfortable with reading glasses for the small print, an implant correcting both distance and intermediate vision, like Tecnis Symphony (Johnson & Johnson) or Vivity (Alcon), could be a suitable choice. If you prioritize excellent distance vision and don't mind using glasses for computer and reading, a mono-focal lens or Light Adjustable Lens (RxSight) may be a viable



option for you. By weighing the benefits and drawbacks of each implant type, you and your surgeon can select the best lens implant to achieve your desired visual outcome.

Will I still need glasses after the lens implant surgery?

Keep in mind that depending on the type of lens implant you and your surgeon chose, you may still require glasses for certain activities such as reading small print or using a computer. While some lens implants can provide clear vision at all three distances, others may have limitations and require additional visual aids to achieve optimal vision.

Will I need to undergo any additional procedures?

In some cases, patients may benefit from additional procedures to further fine-tune their vision after lens implant surgery. For example, LASIK or PRK may be recommended to fine-tune the correction and enhance visual acuity. Additionally, a YAG laser capsulotomy may be necessary to address cloudiness that can develop in the back of the lens over time.

How often will I need to have follow-up appointments after the surgery?

We typically need to see patients the day after the procedure, two weeks, and then a month after the procedure. After that, they can return to their usual ongoing eye care follow-up.

What kind of lifestyle changes will I need to make?

We recommend no water in the eyes, no eye makeup, and no heavy lifting for several weeks after the procedure.

How long will the lens implant last?

The lens implant is a permanent procedure and it lasts a lifetime. It does not need to be replaced.

For more information, visit **Dr. Ella Faktorovich's** social media:



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